

Dr Ben Weiner

BSc (Hons), ClinPsyD

Chartered Clinical Psychologist



The
British
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Chartered Psychologist



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Health Professions Council Registration: **PYL30007**
British Psychological Society: **252798**

Profile:

Dr Weiner is a chartered and registered Clinical Psychologist who specialises with adults, young people and their families. He has developed clinical experience in community and inpatient settings working with the most vulnerable children, adolescents and families, where the children are on the edge of care, suicidal or facing imprisonment. He has expertise in a range of therapeutic modalities, including the highly specialist multi-systemic therapy for the most complex families, and has been active on university courses. Dr Weiner also advises the Division of Clinical Psychology's faculty for children and young people on national policy. In addition to his clinical commitments, Dr Weiner also regularly undertakes expert witness assessments in the areas of Family, Criminal and Civil Law.

Areas of Expertise:

- Fostering and adoption
- Care proceedings
- Mental health assessments of children of all ages
- Treatment and placement recommendations
- Assessment of attachment
- Child sexual exploitation/county lines
- Immigration and Asylum
- Developmental trauma (impact of abuse)
- Assessment of parents/parental risk assessments
- Parental mental health and substance misuse, and the impact on children
- Cognitive assessments of children, adolescents and adults

Employment History:

April 2015 - present: Private practice as a Clinical Psychologist and Expert Witness.

- Individual and family therapy for children, adolescents and adults with a variety of difficulties.
- Expert Witness assessments and reports.
- Consultation and supervision to colleagues.
- Trainings for other professionals.

August 2017- present: Specialist Clinical Psychologist and Team Lead, Brent Emotional Wellbeing Team, West London Mental Health Trust.

- Split post, working with Looked after Children and Children with Disabilities.
- Offering individual and systemic interventions to families known to Social Services.
- Service development and design and managing team budget.
- Supervision and management of various colleagues.
- Consultations and trainings for other professionals regarding children on the edge of care and looked after children

August 2015 - present: Specialist Clinical Psychologist, Recolo Uk Ltd.

- Neuropsychological rehabilitation.
- Individual, family therapy and system interventions with young people with acquired brain injury.

August 2015 – September 2017: Reflective Group Facilitator, Canterbury Christchurch University, Doctorate in Clinical Psychology.

August 2016 – July 2017: Specialist Clinical Psychologist, Barnet Adolescent Service, Barnet, Enfield and Haringey Mental Health Trust.

- Individual, family therapy and group-work with young people presenting with self-harming and high risk behaviours.
- Supervision of various colleagues.
- Service development – setting up new groups, reviewing referral pathways.
- Crisis management.

February 2015 – July 2016: Clinical Psychologist, The Beacon Centre, Barnet, Enfield and Haringey Mental Health Trust.

- Tier 4 NHS psychiatric adolescent inpatient ward for young people, aged 13-18 with a variety of difficulties requiring a hospital admission.
- Neuropsychological assessments.
- Individual and family therapy and group-work with young people and their families.
- Supervision and trainings for various colleagues.

November 2013 – February 2015: Multi-Systemic Therapist and Clinical Psychologist. Multi-Systemic Therapy Team, Tri-Borough London, Central North West London Foundation Trust, London.

- Interventions with young people, aged 12-18 and their families on the edge of care – either forensic or social care.
- Highly specialised psychological input working towards specific behavioural goals, such as reduced aggression.

October 2010 – November 2013: Trainee Clinical Psychologist, University of East London

- Numerous placements, working with people across the lifespan with a variety of mental and physical health difficulties.
- Working in different settings – inpatient, community and outpatient.
- Experience delivering trainings and consultations to other professionals.
- Varied experience completing different types of psychological assessments and interventions
- Academic trainings in several psychological models, including CBT, systemic therapies and psychodynamic psychotherapy.
- Completed my thesis exploring the experiences of young people diagnosed with cancer.

July 2009 – July 2010: Assistant Psychologist. Child and Adolescent Psychological Services, University College London Hospital (*worked in this role part-time from October 2008 – June 2009*)

- Working with young people with a physical health problem and their family, predominately using a systemic and narrative model.
- Conducted an audit on the psychological distress of cancer patients and offered on-going support to a multi-million pound research project funded by the National Institution of Health Research.

September 2008 – June 2009: Part-time Research Assistant. Autism Research Centre, University of Cambridge.

- Conducted a study evaluating if 'low functioning' children with autism show more eye contact as a result of an intervention' (a DVD called the Transporters).

Relevant Volunteer Experience 2005-2011

- Worked as a member of the steering committee who set up a befriending service for Jewish Care.
- Volunteered to staff the helpline at Rethink
- Volunteered in a school in Accra, Ghana, teaching children, aged between 3 and 15, in a variety of subjects

Personal Qualifications:

October 2010 – September 2013: Doctorate in Clinical Psychology, University of East London

October 2005 – July 2008: BA (Hons) Psychology with Management Studies, University of Sussex, Brighton (2:1)

Continued Professional Development:

- EMDR (Level 1 & 2) Certified Clinician (April 2016)
- Level One DBT training (September 2016)