

Dr Anna Chalmers-Brown

MA Hons. DClinPsy. PGDip CPsychol

Clinical Psychologist



The
British
Psychological
Society

Chartered Psychologist



www.hpc-uk.org

Health Professions Council Registration: **PYL31150**

British Psychological Society: **459407**

Profile:

Since qualifying as a clinical psychologist, Dr Chalmers-Brown has specialised in the field of child and adolescent mental health. She has worked in a range of settings, to include generic child and adolescent services and in specialist services such as an adolescent team and the gender identity development service. She has experience of assessing and treating the full range of child and adolescent mental health difficulties, and also neurodevelopmental issues such as autism, ADHD and cognitive difficulties. In addition, Dr Chalmers-Brown has had specialist training in parenting for young people displaying conduct problems. As well as her NHS commitments, Dr Chalmers-Brown also undertakes assessments as an expert witness.

Areas of Expertise:

- Care proceedings
- Personal injury and post-traumatic stress
- Custody disputes
- Cognitive and psychological assessment of adults and children
- Impact of parental mental health difficulties on children
- Attachment to parents and siblings and impact of separation
- Capacity to instruct
- Assessment of child and adolescent mental health
- Parenting assessment
- Extradition/immigration

Employment History:

September 2017-present: Clinical Psychologist (band 8a), Barnet CAMHS tier 3, Barnet, Enfield & Haringey Mental Health Trust.

- Assessment and treatment of children and adolescents with the full range of mental health and neurodevelopmental difficulties.
- Supervision of trainee and qualified clinical psychologists.

March 2018-present: Clinical Psychologist, Dr Nikki Teper & Associates (private practice)

- Assessment and treatment of both adults and children with mental health difficulties, within a medico-legal framework.

January 2017 - September 2017:

- Clinical Psychologist (band 7), Gender Identity Development Service, Tavistock & Portman NHS Foundation Trust
- Assessment of children and adolescents experiencing discomfort in relation to their gender

January 2016 - December 2016: Clinical Psychologist (band 7), Barnet CAMHS tier 2, Barnet, Enfield & Haringey Mental Health Trust.

- School- and home-based parenting support in accordance with CYP-IAPT Parent Training for Conduct Problems teaching.
- Incredible Years parenting group and individual parent sessions based on Parent-Child Game.

February 2015 - December 2015: Clinical Psychologist (band 7), Barnet Adolescent Service (CAMHS), Barnet, Enfield & Haringey Mental Health Trust.

- Assessment and treatment of adolescents deemed high risk largely due to deliberate self-harm and/or suicidal ideation (Maternity leave October 2013 - January 2015).

November 2009 – February 2013: Trainee Clinical Psychologist, Camden & Islington NHS Foundation Trust (including one year of maternity leave).

- Placements: Older Adults, Perinatal, Learning Disability (adults), Child & Adolescent, and Adult Primary & Secondary care.

Personal Qualifications:

2016: Postgraduate Diploma - Child & Young Person IAPT Therapy - Parent Training for Conduct Problems, King's College London – Pass with Distinction.

2009 – 2013 (including one year of maternity leave): Professional Doctorate in Clinical Psychology, University of East London.

2001 - 2005: MA (Hons) Psychology, University of Edinburgh – Upper second (2:1).

Continued Professional Development:

- ACT for Beginners, 8 week online course, Russ Harris, 2018
- DBT 10-day Intensive Training, 2018
- ADOS-2 training, Tavistock, 2018
- CBT supervision workshop, 2018
- Introductory training in Acceptance and Commitment Therapy, 2017
- Two-day Workshop for New Supervisors, 2017