

Dr Dave Ankers

BSc (Hons), ClinPsyD.

Consultant Clinical Psychologist



The
British
Psychological
Society

Chartered Psychologist



www.hpc-uk.org

Health Professions Council Registration: **PYL01960**
British Psychological Society: **097428**

Profile:

Dr Ankers is a chartered and registered consultant clinical psychologist specialising in the area of children, adolescents and families and has worked in the NHS for 17 years across the age range to include with children, adolescents and adults with mental health presentations and developmental disorders. Before this he trained professionals to run parenting groups for 4 years. Dr Ankers has worked in various settings including CAMHS, specialist autism services, children's disability team and services for children and adolescents in care. He specialises in assessment of complex cases, parenting assessments, developmental trauma, assessments of autism and learning disability. He provides interventions for adults, adolescents and children's mental health, working with individuals, families, schools and care networks in the process. He has held clinical and leadership roles in both the NHS and private healthcare. Dr Ankers has been in private practice since 2018. In addition to his clinical commitments, Dr Ankers undertakes expert witness assessments and his huge range of experience enables him to undertake the full range of assessment in Family, Criminal and Civil Law.

Areas of Expertise:

- Assessment of mental health in children, adolescents and adults
- Attachment assessments
- Assessment of autism and intellectual disabilities
- Assessment of parenting
- Treatment recommendations
- Capacity assessments of adults
- Cognitive and psychological assessment of adults and children
- Impact of parental mental health difficulties on children
- Attachment to parents and siblings and impact of separation
- Fostering and adoption
- Placement recommendations

Employment History:

2018 - present: Clinical Psychologist, Private Practice.

- Assessment of complex cases, parenting assessments, assessments of Autism and Learning Disability and provides interventions for adults, adolescents and children's mental health, developmental trauma working with individuals, families, schools and care networks.

2017 - 2018: Principal Clinical Psychologist. South Stoke CAMHS/CAMHS in Schools, North Staffordshire Combined Healthcare NHS Trust (NSCHT).

- Working within NHS CAMHS service providing specialist assessment for mental health difficulties for children, young people and families for presentations including, depression, anxiety, challenging behaviour and attachment difficulties. Undertaking assessments of mental health, cognitive and family functioning as well as Autism and risk assessment and care planning.
- Used a range of assessment methods including clinical interview, observation and psychometric assessment including WISC-IV, WASI, WPPSI-ii and ABAS.
- Delivering psychological interventions using CBT, Systemic approaches, behavioural interventions and solution-focused approaches.
- Providing consultation and assessment within local specialist schools.
- Providing supervision for qualified psychologists.
- Providing training to school staff on various topics such as mental health, attachment and challenging behaviour.

2017 - 2018: Principal Clinical Psychologist/Clinical Lead. Sustain+, North Staffordshire Combined Healthcare NHS Trust (NSCHT).

- Providing assessment of children and young people in care who have experienced attachment difficulties and trauma. Providing attachment-focused therapy and consultation to social work staff and professional networks.
- Providing clinical leadership to colleagues and service manager.
- Working with commissioners in relation to service development/ quality monitoring.

2015 - 2016: Principal Clinical Psychologist CAMHS LD Team Lead, North Staffordshire Combined Healthcare NHS Trust (NSCHT).

- Providing complex assessment within a multi-disciplinary team for children and young people with neurodevelopment conditions, physical and learning disabilities. Providing psychological intervention for a range of behavioural and mental health difficulties.
- Assessment of Learning Disability.
- Consultation and support to special school staff.
- Risk assessment and care planning
- Responsible for organising service demands and outcome monitoring.

2014 - 2015: Consultant Clinical Psychologist/Head of Autism Services, Midlands Psychology CIC.

- Providing managerial and clinical leadership to South Staffordshire Autism Service.
- Preparation of quality and activity reports as part of contract monitoring with commissioners.
- Providing assessment of children and young people with autism and co-morbid difficulties including depression, anxiety and challenging behaviour and learning disability.

2012 –2014: Principal Clinical Psychologist/Team Lead, Midlands Psychology CIC.

- Responsible for daily running of multi-disciplinary team
- Providing assessment of children and young people with autism and co-morbid difficulties including depression, anxiety and challenging behaviour and learning disability.

2011 –2012: Clinical Psychologist/Team Manager - CAMHS West, South Staffordshire and Shropshire NHS Foundation Trust.

- Providing managerial and clinical supervision to large multi-disciplinary team.

- Responsible for daily running and clinical delivery of large NHS CAMHS team.
- Working with commissioners and NHS Staff in relation to service development and delivery.
- Provided assessment and intervention for range of mental health difficulties for children, young people and families.

2009 –2011: Clinical Psychologist/Team Lead - Cannock CAMHS, South Staffordshire and Shropshire NHS Foundation Trust.

- Responsible for daily running of locality NHS CAMHS service.
- Providing supervision for multi-disciplinary staff.
- Delivering mental health assessment and intervention.

2007 –2009: Clinical Psychologist - Cannock CAMHS, South Staffordshire and Shropshire NHS Foundation Trust.

- Delivering psychological assessment and range of therapeutic interventions to children young people and families.

2003 –2006: Clinical Psychologist in training - University of Manchester.

- Providing supervised assessments and therapeutic intervention across various client groups including older adults, children and young people, people with learning disability and adults with mental health problems. Undertook specialist placements in Community Mental Health Team and Oncology Service.

2002 –2003: Assistant Psychologist. First Steps Service Psychological Service, North Staffordshire Combined Healthcare NHS Trust.

- Provided support to early intervention services delivering evidence-based parenting programs.

2001 –2002: Assistant Psychologist. Neuropsychology and Physical Health, North Staffordshire Combined Healthcare NHS Trust (NSCHT).

- Provided supervised neuropsychological assessment for adults and older people in relation to dementia, head injury and neurological presentations.

2008 –2012: UK Trainer, Triple P International

- Delivered training and accreditation to range of professional staff in evidence-based parenting intervention.

Personal Qualifications:

2011: Graduate Certificate in Leadership/Management – Staffordshire University.

2008: Award in First Line Management – Institute of Line Management (ILM).

2007: Doctor of Clinical Psychology – University of Manchester.

2001: BSc. Hons (Psychology) – The Open University.

Continued Professional Development:

2017:

- Autism Diagnostic Observation, Schedule Versions 2 (ADOS 2), North Staffordshire Combined, Healthcare NHS Trust.
- Autism Diagnostic Interview Rev. (ADI-R), North Staffordshire Combined, Healthcare NHS Trust

2012:

- Diagnostic Interview for Social and Communication Disorders, The Lorna Wing Centre.

2011:

- EMDR Level 1, EMDR Europe.

2010:

- STAR Supervisor Training, Keel University.

2008:

- Triple P Trainer, The University of Queensland.