

Dr Anwen Goodwin

BSc. DClinPsy.

Clinical Psychologist



The
British
Psychological
Society

Chartered Psychologist



www.hpc-uk.org

Health Professions Council Registration: PYL28883

British Psychological Society: 235819

Profile:

Dr Goodwin is a registered Clinical Psychologist specialising in the area of children, adolescents and families. She has worked in NHS mental health services since 2007. Since qualifying, Dr Goodwin has specialised in the area of child and adolescent mental health, within the field of looked-after and adopted children. Dr Goodwin continues to work in the NHS and has also worked as an independent Clinical Psychologist since 2016, completing assessments, consultation and therapy with children, families and adults. In addition, Dr Goodwin provides clinical supervision; consultation and training for professionals in attachment; child development; and the impact of childhood trauma.

Areas of Expertise:

- Child and adolescent mental health
- Attachment difficulties, including therapeutic work with children and families
- Developmental Trauma
- Fostering and adoption
- Care proceedings
- Cognitive assessment of adults and children
- Psychological assessment of children, adolescent and adults

Trained in a range of psychological models including: CBT, Psychodynamic, Systemic, DDP, EMDR

Employment History:

2012 - present: Clinical Lead and Principal Clinical Psychologist, Healthcare NHS Foundation Trust.

Speciality: Looked-after and Adopted Children's Mental Health.

- Responsible for the service delivery of specialist LAC mental health provision across the county and monitoring out of county provision for children and young people looked-after by Northamptonshire
- Driving service transformation and quality improvements
- Development of Clinical Psychology in wider Children's Services and across the Trust by regularly organising and chairing meetings and delivering leadership training leadership.
- Clinical skills in assessment and intervention
- Expert knowledge about complex needs, such as Attachment Difficulties, Autistic Spectrum Disorders, Anxiety and self-harm
- Specialise in consultation and supervision
- Establishing and maintaining strong professional links with other services and across agencies. Supervision steering group
- Attend Clinical Integrated Leads Meeting for CAMHS – facilitate workshops and training

- Attend Clinical Governance Forum– County-wide Psychology meeting
- Bereavement and complex case de-brief sessions for Northamptonshire County Council
- Completed a project to improve participation in service design and delivery
- Organise and chair away days and team events
- Organise and deliver training sessions for external agencies
- Work closely with health commissioners (CCG and NHSE) to give clinical advice around Continuing Care Packages to ensure the needs of our most complex young people are met, including the prevention of unnecessary admission or delayed discharge.

2013 - present: Honorary Clinical Tutor, University of Leicester.

- Organising the Child Teaching Module
- Delivering regular teaching sessions on a range of topics for the Doctorate in Clinical Psychology
- Interviewer for prospective doctoral candidates

January 2018 – April 2018: Future in Mind Project Co-Ordinator, Nene and Corby CCGs (secondment).

- Writing a refreshed Future in Mind plan for Children’s Services in Northamptonshire
- Working collaboratively with stakeholders from multiple agencies and services
- Collating and analysing data to identify service gaps
- Identifying new ways of working in order to meet service gaps
- Writing proposals for funding – successfully secured funding for Youth Justice Services
- Establishing new steering groups to agree the delivery of the local transformation plan

2009 - 2012: Trainee Clinical Psychologist, Leicestershire Partnership Trust.

During my Doctorate training with the University of Leicester and Leicestershire Partnership Trust I worked in a range of specialist areas across three local NHS Trusts. This gave me an insight into how different teams and services are structured and the potential challenges when service users fall between services.

Completing the course demonstrates my ability to balance competing demands and adapt to different ways of working.

Placements:

- Adult Mental Health – Recovery and Rehabilitation, LPT
- Older Adult’s Mental Health Team, LPT
- CAMHS Looked-after Children, NHFT
- Community Team for People with Learning Disabilities, NHFT
- Arnold Lodge, Medium Secure Forensic Unit, Notts Healthcare Trust

2008 – 2009: Primary Care Mental Health Worker, Derby City PCT.

- Delivering low-intensity IAPT assessments and interventions for adults with a range of mental health issues
- Independently managing a caseload and working with GP surgeries

2007 - 2008: Support Time Recovery Worker, Cambridgeshire and Peterborough NHS Foundation Trust.

- Psychological support for adults with both chronic and acute mental health difficulties
- Worked on the Acute Mental Health Ward and with the Crisis Resolution Home Treatment team to reduce hospital admissions and promote early discharge with community support.

Personal Qualifications:

2017: Post-Graduate Certificate: Transformational Leadership in the NHS (IAPT), University of Reading.

2012: Doctorate in Clinical Psychology (DClinPsy), University of Leicester.

2009: Post-Graduate Certificate: Low-Intensity Psychological Therapies (IAPT).

2006: BSc (Hons) Psychology (2:1), University of Leicester.

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